

Information on Resort and Local Area

Parque Da Floresta is a on national park in the Algarve and is protected. You can reach it in just a few steps from the front door and it covers miles all the way to the west coast. You can enjoy walks and biking using the park trails



Golf

Santos Antonio Golf Resort offers an excellent (challenging) golf course for those that are interested in Golf. There is a club house where you can gather information on the course and book your slot! As a tenant you will benefit from discounted Green fees.

Spa

Not far from the Club House you will be able to walk to the small Spa. You can book a number of treatments with the Therapists all of whom are very good! The current treatments and pricelist will be available in the Resort Office. You just need to Whatsapp Celina who manages the Spa and she will book you in!

Gym & Tennis Courts

The Gym is available to use and you can purchase a pass from the Resort Office, to use these facilities during your stay. You can also hire a tennis court and rackets and balls from the resort office – price lists are available at the office.

Local Villages & Beaches

Salema the beach is one of the most pleasant and authentic segments of coast in Portugal. Just 5 mins drive from the villa so easy to reach. The stretch immediately in front of town has beach umbrellas and services, and while the coastline to the west is fairly rocky, the sandy beachline continues for more than a kilometer to the east. Fishing boats are drawn up on the beach to the side of the town, and several boats and moored fishing buoys are scattered within a few hundred feet of the shoreline, but they add to the ambience



Hiking opportunities are also in abundance; a series of cliff-top trails wind along the coast line, and small roads lead to smaller hideaways scattered in the hills and along the beaches. Biking opportunities along the same roads also abound. You can hire bikes and surf boards in the town.

For a small fishing village there's a decent choice of restaurants:- check out our restaurant guide!

Boco Do Rio - was one of the highest density fish-production sites in the whole of the Empire. Like many other Roman coastal settlements and small fishing sites of the region, it is situated in a small bay right next to the Atlantic Ocean. It has an unspoiled beach, which is rarely visited. You can find some Roman ruins on the beach as well as the remains of a 19th century fish canning factory. There are no facilities on the beach.



The beach consists of rocks. There are not many rocks in the water though, which makes it a good beach for swimming. Just beware that there are no lifeguards. Not far from the coast you can actually explore the shipwreck of a French ship that sank in 1759 after a battle. This activity is popular among divers.

Burgau - a wonderful former fishing village located in a supreme bay – 6km east of Salema. Both towns are around 1 hour hikes over the stunning cliffs, where you'll find hidden beaches, the ruins of fortresses, and even dinosaur fossils. The impressive golden sand beach stretches the entire width – around 350m of the bay. On either side of the beach are the typical steep cliffs of the west Algarve. This sheltered bay and gently sloping beach is the reason for Burgau's existence, it offered the perfect natural harbour for launching and landing fishing boats. At its heart Burgau is still a fishing village. In the mornings and evenings, you'll be able to catch a glimpse of this fishing activity, with boats being launched or catches being landed, and of course you might be able to eat some at the nearby restaurants.



The beach is life guarded throughout the summer season, and you'll find sun bed and parasol rental if you don't have your own. There is a fabulous beach restaurant right on the beach (must book), but it's only a short walk to village centre for a few more. You'll also find a selection of watersports and sports equipment hire. Burgau's sheltered bay is a great place to learn the basics of paddle boarding and surfing.

At low tide, Praia do Burgau also offers the perfect place for rock pooling. If you're not familiar with this classic British seaside activity, it's as simple as it sounds. Exploring rock pools and looking for coastal creatures it is rare to see outside of this habitat. You should be able to find crabs, starfish, shellfish and if you're lucky maybe even octopus.

Praia da Luz - ("Beach of Light") Like most towns on the Algarve coast it was originally a fisherman's village. Even though today it has grown into a popular seaside resort it still manages to retain a lot of its old-world charm and at the same time offering the holidaymaker golden sands, superb dining and first-class facilities.

The bay is protected to the East by the famous Rocha Negra ("black rock") cliff, a product of the Monchique region's volcano lava flow from some 150 million years ago. To the West is the old 16th century fort built to ward off pirates but now is a smart restaurant which has some spectacular views from its terraces.

Between the two landmarks is Luz's lovely, long sandy beach which is overlooked by the town itself. An exceptional patterned cobbled promenade runs from just below the pretty along the whole of the seafront to the cluster of beach bars. The promenade is normally busy with many craft stalls during high season and there are also several cafe / bars, restaurants and gift shops.



You will find that the town is generally a lot quieter and more peaceful than many of the other coastal resorts on the Algarve so it is perfect for family holidays or a relaxing break.

Lagos - is one of the Algarve's top destination cities. Boasting a historic oldtown, modern marina, cultural attractions, with some incredible beaches and scenery it really combines much of what the Algarve is famous for. With old cobbled streets and a wide variety of bars, pubs, and restaurants it's a lively place even out of season. It has all the facilities you would expect for a good size town including large supermarkets.



A short walk down Avenue dos Descobrimentos will lead you to Mercado Municipal de Lagos. This large building built on the waterfront in 1924 holds the municipal market and is a key part of local life here. It's mostly known for its daily fish market and if it's your first time visiting a market like this can be a tourist attraction in itself.

Lagos has an important history and no better place to start than on Praça do

Infante D. Henrique. Lagos had a large role in the Portuguese Age of Discoveries and the period that would follow. This is a large public square dedicated to Prince Henry the Navigator, the central figure of Portuguese expansion during the Age of Discovery. In this square you'll find a statue of him, Lagos's main church, and the Slave Market Museum.



Praça Gil Eanes is where you'll find the city's municipal tourist office – the Posto de Turismo de Lagos. If you're looking for more activities and information, then it might be worth stopping here for a friendly chat! They're relatively impartial and don't push anyone to the commercial tours unless that's what you ask for!



Amongst the palm trees of Jardim da Constituição you'll find the grand entrance and twin towers of The Castle of the Governors, also known as Castelo de Lagos. Originally, the entire medieval town was encircled by walls known as the Cerca Medieval. These walls – up to 7m thick – can still be visited on the western side of Lagos. Alongside the river, only small sections remain, and the grand portal or entrance known as Porta de São Gonçalo. Walking through the archway will lead you along a small back street behind the castle. You'll also find here the district hospital, equally historic located in former residences of the governors



Praia de Porto de Mós one of Lagos's best beaches is surrounded by two high cliffs on both sides. This makes it a very scenic beach. It has two very good restaurants on the beach. You can hire beds and parasols here and there is parking

Praia Do Camilo - is **Lagos' most beautiful beach**. It's accessed via a long wooden staircase at the top of a

cliff, from where there's a picture-perfect view. It has picturesque rock formations, golden sand and calm crystal-clear waters on most spring and summer days. It's not a long beach, but it's bigger than it looks when you arrive, as it continues to the other side of the cliff (a tunnel connects both sides). At high tide, much of the sandy area disappears and the limited space to spread your towel becomes even more so. It's always packed in the summer, but it's a must-go, even if just to take photos. Try to go early or when the tide is low (just keep in mind that tides change in less than a couple of hours)



LOCAL VINEYARDS

Lagos

<https://montecasteleja.com/en/>



North of Lagos



[Algarve Vineyard & Farmstay Experience](http://morgadodoquintao.pt)

morgadodoquintao.pt

Silves

Quinta do Frances Winery - <https://www.quintadofrances.com>



Water Sports

The Western Algarve is a haven for water sports, with a wide range of aquatic sporting activities available for all the family.



Dolphin Watching

From Lagos there are a number of tour companies that offer dolphin watching cruises of the Algarve Coast. Always with conservation in mind, these qualified companies will take you out to see these fascinating animals in their natural habitat.

Surfing

With its close proximity to the Atlantic Ocean, the Western Algarve provides the perfect destination for surfing holidays.

For everyone interested in surfing, from beginners to the expert surfers, there is a wealth of surfing beaches, particularly near to Sagres, just a short drive from Golfe Santo António resorts. Most companies provide surf boards, wetsuits and insurance and lessons, should you need them. More details are available at any of the Golfe Santo António Receptions.

Fishing

From the Lagos marina, a number of tour operators offer a variety of sea fishing trips. The rich seas of the Algarve provide sports fishermen with some challenging fishing grounds. All equipment is provided on board, and many of the species caught can be taken home for your supper.

Aqua Parks

The Algarve boasts a number of amazing aqua parks, for fun-filled high adrenalin family days out. With a dizzying array of slides, wave machines, rollercoasters and rapids rides, these aqua parks are an attraction that you can't afford to miss on your Algarve holiday.

For more information on these activities and many more, please visit the resort office and they will be more than happy to advise you on the activities on offer in the surrounding area. They have all the flyers there too. There is also a place in Salema by the beach where you can organise water sports and excursions and Way Tours in Lagos

LOCAL RESTAURANTS



Água Na Boca -
Salema
Good restaurant set
back off the beach



Casa Pizza Restaurant
Salema
good pizza- takeaway
overlooking beach
with upstairs terrace.



A Bóia
Salema
Excellent fish and
right on the beach –
nice service



Solecci
Salema
Breakfast/lunch
overlooking sea.
Closes at 6pm



**Restaurante O
Lourenço-** Salema
Good local restaurant
– very cosy tucked in
a small street



Miam
Burgau
Great view overlooking
sea. Nice fish and
fusion dishes



Olhos N'Agua
Salema
On beach promenade
– great views and
bustling atmosphere



My Sushi
Salema
Great sushi and very
good value – good for
takeaway



Atlantico
Salema

Easy going with large
terrace



Zavial Beach
Zavial nr Salema

Great beach restaurant
good food until 6pm



Burgau Beach Bar
Lovely fish, burgers,
salads- right on
Burgau beach – must
book!



O Tiago
Traditional restaurant
very close to resort

Sizzle your own steak on
hot plate! Informal &

OTHER RECOMMENDED RESTAURANTS

Lagos Town

O Camilo – Lagos beach area – stunning position and excellent fish

Restaurante Artistas – fine dining in Lagos – exquisite restaurant with tasting menus – a treat!

Luca's Rooftop Restaurant, Lovely views on the top floor of hotel on outskirts of Lagos

Mar – a lovely position overlooking the sea opposite the old town

Mirandus – a top notch restaurant (part of a nice hotel) with restaurant overlooking Lagos beach

Adega Tipica A Forja (The Blue Door Restaurant), central Lagos in one of the small streets

A Petisqueira – restaurant on the main cobbled street in Lagos

Restaurant Azimute, Lagos – really relaxed and good home cooked Portuguese dishes outdoor seating

Real Portuguse Cuisine – voted one of the best for local traditional cuisine

Monte Mar, Lagos

Casa Do Prego – fun tapas style eatery with roof terrace on top floor

Nah Nah bah – Burgers in Lagos

Eat Thai, Lagos Marina

WA Sushi Lounge – Lagos Marina

Praia Da Luz

A Concha – nice casual fish restaurant overlooking the beach

Fortaleza da Luz – restaurant overlooking the sea from a high position (old fortress)

Chilled Beach Bar cafes and restaurants

Mira Rio – Budens (not far from Intermarche) great little restaurant grill – good takeaway piri piri chicken

Three Little Birds – Sagres – hip burger and vegan restaurant

Zavial Beach Bar, lovely relaxed restaurant/bar by Zavial Beach - near to the resort

Burgau Beach Bar on Burgau Beach – always a hit. Recommend the burger and burrata dishes

Good Fellas – Italian in Budens close to the resort – simple set up but food is very good